

# Quarterly Newsletter December 2023

### A note from PAS Operations Manager, Karen Dillon:

The holiday season is upon us where we take the time to appreciate what we have and to reflect onto others to spread goodwill and cheer.

PAS has been using the Electronic Visit Verification for validation of times worked for the direct care worker since 2015.

This reduces the amount of paperwork required. We have also updated our website, please visit www.PASSelfdirection.com.

# In today's email:

- AARP Releases 2023 LTSS State Scorecard
- CDC Reminders for COVID-19 and Flu Vaccines
- 2023-24 "Where to Turn Community Resource Guide
- The Senior Alliance Directory
- Important Dates
- Meet a PAS Team Member

**AARP Releases 2023 LTSS State Scorecard** 



AARP recently released its 2023 Long Term Services and Supports (LTSS) Scorecard. The Scorecard helps create interest and investment in LTSS by effectively measuring each state's supports and services. It also identifies areas of improvement that directly affect consumers and their families. By ranking states amongst one another, the report aims to motivate each state to improve their LTSS services.

**Read More** 

### **CDC Reminders for COVID-19 & Flu Vaccines**

As cold and flu-season gears up, the CDC has issued reminders to receive your COVID-19 and influenza vaccinations. It is recommended by the CDC to receive an up-to-date COVID-19 vaccine for anyone five and older. Additionally, anyone six months or older should receive a flu vaccine once a year. Read More

## 2023-24 "Where to Turn Community Resource Guide"

The Information Center recently released its community resource guide for next year. The 'Where to Turn Community Resource Guide' provides residents of Southeast Michigan with hundreds of helpful resources. The guide lists address and contact information for each community resource in the digital booklet. *Find Out More* 

## The Senior Alliance Resource Directory

This time of year, crossing everyday items off your checklist can become more difficult. The busyness of the Holiday season, coupled with harsh weather conditions can make grocery and holiday shopping a real pain. *Learn More* 



You can complete your enrollment with us, face-to-face, by conducting an online virtual meeting? This allows you to meet your Enrollment Specialist at the very beginning. We also continue to conduct in-home enrollments for those who prefer this method.



We want to hear from you. Please let us know what topics you would like to see us cover.

**Local News and Information** 

**Team Member Introductions** 

**Participant Stories** 

**National News and Informtion** 

**Important Dates and Upcoming Deadlines** 



## **Important Dates**

What

When

Contact

Open enrollment for Medicare and Marketplace coverage October 15, 2023 - January 15, 2024

The Information Center - (734) 282-7171



#### **Favorite Quote**

"People will forget what you said, people will forget what you did, but people will never forget how you made them feel." – Maya Angelou



### Five Things to Know About Rebecca:

#### What is Rebecca's role at PAS?

Rebecca is an onboarding specialist at PAS and has been with us for 16 months.

#### What does Rebecca like most about working at PAS?

Rebecca loves building and maintaining relationships with the families and their employees as well as hearing about their accomplishments. She also loves her coworkers and everyone's commitment to their work.

### What inspires Rebecca to help others?

Helping others has always been second nature to her. Rebecca was raised to help others in any way she could and she's inspired by hope, believing that love is far stronger than hate.

**At PAS, Rebecca** feels an alignment with her personal belief that all people should have the same opportunities as anyone else, no matter their needs.

#### What are Rebecca's interests outside of work?

Outside of work, Rebecca loves music and art. She also enjoys spending time exploring Michigan with her husband and kids.



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